

# **Personal Safety**

### Overview

The course is designed to provide learners with the knowledge and skills necessary to maintain a safe work environment. The course is divided into nine modules, each focusing on a different aspect of personal safety.

The modules will cover topics such as Personal Safety, Personal Protective Equipment (PPE), Electrical Safety, Hazardous Materials and Chemical Safety, Fire Safety, Confined Space Safety, Ergonomics, Safety Culture and Incident Investigation. Throughout the course, learners will be introduced to the hazards associated with liquid bulk storage terminals, refineries, and oil processing plants and will learn how to identify and assess potential hazards. They will also learn about emergency procedures and how to implement safety controls and preventive measures to minimize the risk of accidents and injuries.



All our products and services are based on best industry practices

### **Course Outline**



### **Personal Safety**

Module 01 Introduction to Personal Safety	Module 06 Hazardous Materials and Chemical Safety
Module 02 Physical and Biological Safety	Module 07 Electric Safety and Fire Prevention
Module 03 Confined Space Safety	Module 08 Safety Culture and Incident Investigation
Module 04 Ergonomics	Module 09 Emergency Preparedness
Module 05 Personal Protective Equipment	

#### BENEFITS

- Understand the hazards associated with liquid bulk storage terminals, refineries, and oil processing plants, and be able to identify and assess potential hazards.
- Understand the importance of electrical safety and how to identify and assess electrical hazards.
- Acquire knowledge and skills to properly use Personal Protective Equipment (PPE) and understand its importance of it.
- Learn about Safety culture and incident investigation and how to report and track observations and actions to improve safety in the workplace.
- Learn about emergency procedures and how to implement safety controls and preventive measures to minimize the risk of accidents and injuries.

### LEARNING OUTCOMES

- Understand the hazards associated with liquid bulk storage terminals, refineries, and oil processing plants, and be able to identify and assess potential hazards.
- Learn about emergency procedures and how to implement safety controls and preventive measures to minimize the risk of accidents and injuries.
- Acquire knowledge and skills to properly use Personal Protective Equipment (PPE) and understand its importance of it.
- Understand the importance of electrical safety and how to identify and assess electrical hazards.
- Learn about Safety culture and incident investigation and how to report and track observations and actions to improve safety in the workplace.



# Learning Delivery Methodology Choose your learning path

### **SELF-PACED LEARNING (LMS)**



Our Self-Paced Learning model is designed for flexible, independent study, allowing students to learn at their own pace. This method is ideal for those who prefer structured courses they can access anytime, anywhere.

## COHORTLEARNING



#### On-site Classroom Delivery (In-person)

This traditional learning method involves attending classes in person, providing a structured environment and face-to-face interaction.



#### Virtual Classroom Delivery (Online Stream)

This model o□ers live, online instruction, mimicking traditional classroom settings and providing an interactive learning experience.

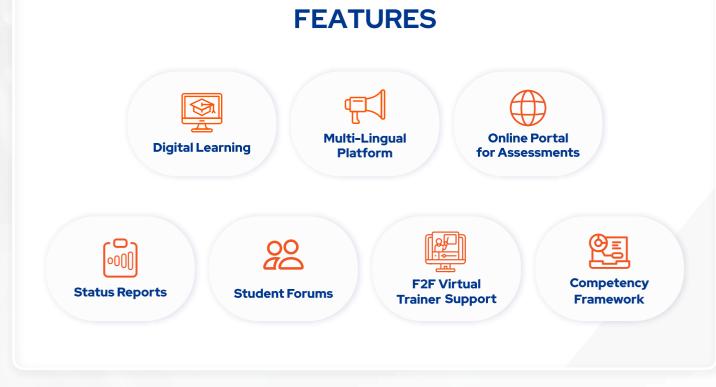


HyFlex Classroom Delivery (Mixed On-site and Online Stream)

The HyFlex Classroom combines inperson and online learning, o□ering maximum flexibility. Students can choose to attend in-person or stream classes online.







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